



sustainable thriving achieving

East Dunbartonshire Council

www.eastdunbarton.gov.uk



Pricing

£2.43 provides the children with Soup or Yoghurt, Main course or Sandwich, Fruit and a Drink.

EARLY YEARS

MENU

January 2022

Cashless Catering Update

The rollout of cashless catering is now complete and is currently in place across all of our Secondary and Primary schools. This project will allow all Secondary pupils to order meals online using a dedicated App, which can be accessed via smartphone and Primary School pupils can pre order meals; this will be via iPay when you top up your child account.

Menu Update

We are pleased to announce that a full lunchtime menu will be available from August 21 with two hot meal options.

The Scottish Government introduced changes to the Nutritional Standards for Food and Drink Regulations in schools which came in to effect from April 21.

The changes to the regulations are based on the most up to date scientific evidence on diet and health and are designed to support the health of children and young people in a school setting and ensure all pupils have access to nutritionally balanced school lunches.

We have been working towards these changes over the last 18 months and our menu fully complies with the revised regulations.



WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil	Tomato	Potato & Leek	Chicken Noodle	Lentil
Main Course	Macaroni Cheese with salad and garlic bread	Sausage and potato hotpot with seasonal vegetables	BBQ chicken burger with wedges with fresh salad	Chicken casserole with pastry, baby potatoes, seasonal vegetables	Fish, chips and peas
Vegetarian	Pasta Neapolitan (dairy free) and Garlic bread	Vegetarian sausage, potato and tomato hotpot with seasonal vegetables	Pizza with wedges and salad	Quorn casserole with pastry, baby potatoes, seasonable vegetables	Vegan sausage roll with chips and peas
Dessert	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl

3rd Jan, 24th Jan, 14th Feb, 7th March, 28th March



WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil	Potato and Leek	Chicken Noodle	Tomato Soup	Lentil
Main Course	Meatballs (chicken) with spaghetti in a tomato sauce	Steak pie, baby boiled potato and seasonal vegetables	Pizza with wedges and salad	Tomato and cheese penne with salad and garlic bread	Fish fingers or salmon fingers with chips and beans
Vegetarian	Veggie meatballs with spaghetti in a tomato sauce	Veg Curry with rice and garlic and coriander naan bread	Pizza with wedges and salad	Tomato and Cheese Penne with Salad and Garlic Bread	Veggie Quorn burger with chips and salad or beans
Dessert	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl

10th Jan, 31st Jan, 21st Feb, 14th March, 4th April



WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil	Tomato	Potato & Leek	Chicken Noodle	Lentil
Main Course	American style sausage in a bun with Salad and Diced Potato	Macaroni and cheese with garlic bread and salad	Turkey burger salad and wedges	Spaghetti Bolognese with Garlic Bread & Salad	Fish, chips and peas
Vegetarian	Baked Potato with Cheese, Salad and Coleslaw	Pasta Neapolitan (Dairy free) and garlic bread	Pizza with wedges & salad	Quorn fillet with tatties, yorkshire pudding and seasonable vegetables	Vegan sausage roll with chips and peas
Dessert	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl	Fruit bowl

17th Jan, 7th Feb, 28th Feb, 21st March



Snacks available daily

Sandwich 50/50 bread with Cheese or One Meat Option (Tuna, chicken)



There will be bread provided every day for the children to have with their main course and snacks

